

# **International Association of Coaching Institutes ICI**

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# ICI Standards & Curriculum for:

# ICI accredited "Children Coaching Course, ICI"

The qualification for "Children Coaching Course, ICI" is accredited by the ICI.

Prof. Reza Omraie, President for Iran of the International Coaching Institute (ICI) and head of the NLP & Coaching Academy, conceptualized and methodologically developed the training and curriculum for the "Children Coaching Course, ICI."

Only Prof. Reza Omraie is authorized to conduct this training and issue certificates bearing the official ICI seal.

# Entrance Qualification, Duration and Training Process

- Entrance qualification: "NLP Practitioner, IN"
- A minimum of 120 hours of training over at least 15 days
- At least 20 hours of supervised mentoring outside the training facility

# Children's Coaching (ICI)

# Target Group

This course is designed for students, trainers, coaches, child educators, families, and anyone interested in supporting successful children and fostering a peaceful world. It incorporates powerful NLP tools to enhance learning and application in coaching.

# **Objectives and Content**

This unique course focuses on mental health and achieving a successful life. It helps children and parents become aware of their current situation and future aspirations. Through practical and mental exercises, the course promotes balance in life and overall happiness.

Using NLP techniques, participants will learn how to boost their energy levels and create the tools necessary for a life filled with joy and positive emotions.

# Module I (30 Hours)

- The secret to happy children and parents
- Basis of educational magic
- The art of successful communication
- Communicate correctly with yourself
- Communication secrets
- Our five senses
- Sub modalities
- King of your thoughts and feelings

- Problems solution
- Learn easily
- Stumbling blocks when learning
- Learning on different levels

#### Module II (30 Hours)

- Find resources
- Anchor
- The well-formed one
- Goal
- achieve goal
- Paint the target picture
- Difficulty concentrating
- Limiting beliefs
- Sunbeam exercise
- Recognizing behavior patterns
- Drop anchor
- Three emotional states
- Drop anchor
- Exercises

#### Module III (30 Hours)

- How does NLP help in education?
- How children tick
- Warmth and respect
- How to be a role model as parents? How to be a role model as parents?
- Positive beliefs
- maintain
- Parental support
- The in-between world view
- Mind map
- Relaxation exercises
- Children's fears
- aggression
- When the soul door is closed

#### Module IV (30 Hours)

- NLP methods and possible applications
- Modeling
- Swish
- Change strategies
- Motivation
- Phobia Cure
- Auditory belief change
- Reframing
- Resolve inner conflict with NLP
- Improve self-image
- Written & practical test

Certification

#### Attendance Requirements

- Mandatory participation in all course modules
- 10 documented Coaching Sessions

### **Optional Certification Statement**

The following statement may be included on an ICI-sealed certificate upon request: "Due to the high quality of this training, it may be recognized as ECTS credit points in psychology studies with a focus on coaching."

### The ICI certificate for: "Children Coaching Course, ICI" must include:

- 1. The correct title of qualification: "Children Coaching Course, ICI"
- 2. Course duration with accurate information regarding training days and hours (at least 60 e-learning and face-to-face/synchronous training)
- 3. The start and end date of the training.
- 4. A statement that all ICI guidelines have been met.
- 5. ICI seal (sticker with ICI logo and stamp number)
- 6. The signature of the "Coach Master Trainer, ICI"

**Qualification Training Content**: We recommend listing the fully trained principal content and the whole number of hours and days of training required for certified coaching qualification on the back of the certificate or on a separately signed document.

For more details, please refer to "ICI Certification Guidelines"

For more information, visit: <u>https://omraie.com</u>