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ADVANCED PSYCHOSOMATICS, ICI Berlin

The second, deeper level of the psychosomatics training program is more complex and delves into the development of psychosomatic causes and their impact on the body, systems, and individual organs, as well as how and what to do to change them. It lasts a total of 36 hours, conducted through 8 live online workshops, once a week, each lasting 4.5 hours, involving knowledge transfer, demos, self-evaluation, and exercises.

1. *PSYCHOSOMATIC CAUSES OF DISORDERS AND DISEASES OF THE CARDIOVASCULAR AND RESPIRATORY SYSTEMS*
2. *PSYCHOSOMATIC CAUSES OF DISORDERS AND DISEASES OF THE DIGESTIVE AND UROGENITAL SYSTEMS*
3. *PSYCHOSOMATIC CAUSES OF DISORDERS AND DISEASES OF THE MUSCULOSKELETAL, MUSCULAR, AND NERVOUS SYSTEMS*
4. *PSYCHOSOMATIC CAUSES OF DISORDERS AND DISEASES OF THE ENDOCRINE AND SKIN SYSTEMS AND CHILDREN'S ILLNESSES*
5. *PSYCHOSOMATIC CAUSES OF AUTOIMMUNE DISEASES, ADDICTION DISEASES, AND EATING DISORDERS*
6. *EMOTIONAL CODE*
7. *"HEALTH CODE"*
8. *INTROSPECTION AND SELF-EVALUATION.*

Certification:

- Attendance at all workshops;
- Knowledge evaluation through a written test;
- Written concept of self-support for balance and health;
- Certificate with ICI stamp, Berlin.

Upon completion of the second level of training and certification, a certificate is issued confirming that the participant has completed the accredited program - ADVANCED PSYCHOSOMATICS, ICI (total of 72 hours).

PSYCHOSOMATICS INSTRUCTOR ICI, Berlin

Participants in the training from the medical profession (doctors, nurses, dentists...) who complete and certify the 1st and 2nd level of training and wish to, can, after creating their own training program concept and additional certification, become psychosomatics instructors.

Certification:

- Creating their own psychosomatics program in accordance with guidelines and defined content;
- Writing brochures on psychosomatics;
- Written concept of training lasting 36 hours;
- Certificate with ICI stamp, Berlin.

They receive an accredited certificate - PSYCHOSOMATICS INSTRUCTOR, ICI (total of 72 hours).

Program Author and Educator

Dr Vesna Danilovac